

**To Register Make Check Payable To:**

Anger Management Institute  
41 Marietta St., Suite 809  
Atlanta, GA 30303

Tuition for Individual Days: \$65.00

Name: \_\_\_\_\_

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Directions to facility will be sent immediately upon receipt of registration

Cancellations must be received at least 72 hours prior to workshop for a refund. A \$20 processing fee will be assessed for all cancellations.

Program subject to cancellation due to insufficient enrollment. Refunds will be promptly made due to lack of enrollment.

**Presenter**

Gary Byrd, M.Ed. MAC, CCS, CAMS

**Training Locations:**

2/29/12—Atlanta GA

4/24/12—Macon GA

5/4/12—Atlanta GA

**High Impact/Anger Management Institute**

41 Marietta St.

Suite 809

Atlanta, GA 30303

404-523-6074

**Psychological Abuse in Intimate Partner**

**Time: 8:30 a.m.-4:30 p.m.**



**Training Location:**

Various Locations

Contact us for a location near you.

**Training Provided By:**

**High Impact Training/AMI**

**41 Marietta St., Suite 809**

# Agenda

Registration 8:45 a.m

- 9: 00 What is Psychological Abuse
- 9:30 Types of psychological power
- 10:00 Break
- 10:15 Connection between emotions and physical health
- 10:45 Psychological maltreatment of children
- 12:00 Lunch
- 1:00 Toxic effects of emotional BS
- 1:30 Characteristics and categories of psychological abuse
- 2:00 Break
- 2:15 Gaslight Syndrome
- 2:45 Cyber abuse
- 3:15 Group facilitation strategies for perpetrators of psychological abuse
- 4:30 Adjourn

## Your Presenter:

Gary K. Byrd, M.Ed., CCS, CAMS, MAC, CEO of The Anger Management Institute. He has written anger management participant workbooks for teens and adults. Also, he has written family violence intervention participants workbooks for men and women. He has over 20 years experience in working with in family violence programs.

**This training is for family violence facilitators, LPC's, LCSW, SA Counselors, and others interested in increasing their effectiveness with male clients.**

## About the Conference

Psychological abuse by an intimate partner can be as dangerous as sexual or physical abuse in terms of putting victims at risk for long-term physical and mental health problems. In a study by the National Violence Against Women Survey, the respondents surveyed reported psychological abuse more often than either physical or sexual abuse. Psychological abuse accounted for more than half the abuse reported by women and more than 75% of the abuse reported by men

When researchers analyzed the link between health and abuse by an intimate partner, they found significant mental and physical health consequences of victims of physical and psychological abuse. Male and female victims of either form of abuse were more likely than people who didn't suffer abuse to develop chronic physical or mental illness. Also, they were more prone to poor general health, depression injury, and alcohol and drug abuse.

This workshop is designed to assist those who work with perpetrators of intimate partner violence to understand its effects and develop effective counseling approaches in assisting perpetrators in learning how to stop or reduce psychological abuse.

## Learning Objectives

*By the end of the training, participants will be able to:*

1. Define psychological abuse and its various forms
2. Describe the two types of power
3. Explain the connection between emotions and physical health
4. Describe psychological maltreatment of children who live with family violence
5. Explore the toxic effects of emotional BS on intimate relationships
6. Describe characteristics and categories of psychological abuse
7. Explore the "gaslight syndrome"
8. Understanding cyber emotional abuse
9. Group facilitation strategies for perpetrators of psychological abuse

**Tuition: \$65. 00**

Pre-registration is required. Tuition fee covers the cost of instruction, handout materials, refreshments